

## Proclamation for a New Generation To the People of Ireland

In the name of God and all our ancestors, we raise our National Flag with pride.

We have waited patiently for this moment to come.

We stand in full confidence, proud of our history and our National Anthem.

We declare, not only the rights of the people of Ireland, but the children of Ireland as well.

We take ownership of our own country and language in an Independent Ireland.

We will take care of our beautiful country, remembering to reduce, reuse and recycle. We will take care of our animals and our natural resources.

We will be proud of our national language and speak it at every opportunity.

We want Ireland to be a free country, where women and men have equal opportunities, and no one should be treated differently because of their gender.

We proclaim a society in which racism is eliminated, and those from minority groups shall be treated equally, and with the utmost respect.

The most vulnerable in our society will be protected and valued. All citizens of Ireland should have access to education, healthcare and employment.

We hope for a society free from anti-social behaviour. A society which provides adequate housing and social amenities for all.

We strive for a peaceful, democratic country, free from crime and injustice.

We will continue to cherish our reputation as "The Emerald Isle".

We will protect our environment, for future generations, and strive to combat climate change.

Our elderly citizens have worked hard to build a better Ireland for all. We will ensure the elderly feel safe in their homes, making Ireland the best country to grow old in.

We will continue to promote and encourage the playing of Irish sports and Irish music.

All children will be invited to play Gaelic football, hurling and camogie.

Irish music and Irish dancing will be promoted throughout the land.

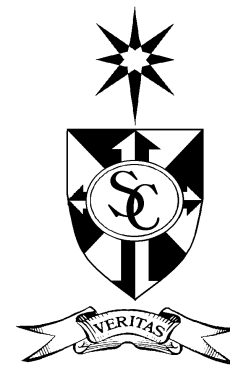
Children will be encouraged to follow their dreams.

People of the world will see Ireland as a country of welcome, of friendship, of happiness and peace.

Together, we will work to make these goals a reality.

We will co-operate with one another to develop each citizen spiritually, socially, emotionally and academically, helping them to be the best that they can be.

Signed on behalf of  
The students of St. Catherine's Senior Girls' School  
Cabra West  
15<sup>th</sup> March 2016



Phone: 8387194

Principal: Miss O'Reilly  
www.stcatherinessenior.com

# St. Catherine's Senior School Newsletter

March 2016

## Happy Easter from St. Catherine's Senior School



Dear Parents and Friends,

Welcome to the Easter edition of our newsletter. Although the term has been a short one, we have so much to report that the newsletter has doubled in length!

We are delighted with our new windows, and the contractors will finish the painting during the holidays. Congratulations to Ms. Shovlin's class, who received an award for their project at the Discover Primary Science Exhibition in the RDS.

The Peace Proms Concert was a great success. Thanks to Ms. O'Neill and Ms. Lawler for their considerable work with the girls prior to the concert. Everyone involved had a wonderful time and enjoyed singing with the Cross Border Orchestra of Ireland. Last week we recorded *Laudare, Benedicere, Praedicare*, the Dominican Jubilee 800 hymn, as part of our celebrations for this special year. We thank Michael for his enthusiasm and skill in recording the event.



Our Parent/Teacher meetings were very well attended and our sixth classes have completed their entrance assessments for Second Level. Second classes celebrated their First Reconciliation, and we thank Sr. Philomena and Fr. Michael for all their work with the girls.

Yesterday, we celebrated Proclamation Day with pride. The ceremony was attended by parents and friends, and the girls read their Proclamation for a New Generation beautifully. This Proclamation sets out the girls' vision for the future, and is the combined work of all the pupils. We have included a copy on the back page of the newsletter.

Advance notice: There will be a meeting for Parents of 4th, 5th and 6th classes with the Accord facilitator on Tuesday 5th April, at 7:30pm in the school.

Best wishes for a very Happy Easter from all in St. Catherine's Senior School.  
We reopen on Monday 4th April.



### My First Penance

On Saturday I went to the Church for my First Penance. I sat in my place and the priest said a nice prayer. He read the Gospel. Next he said to the parents 'Please bring your children up and move back in case you hear something you should not hear.' My Dad brought me up and he moved back and sat down. I said my confession and I shook the priest's hand. After that my Dad sat down and the priest said a prayer. Finally we went back to our seat. The priest said 'thank you and goodbye'.

**Lilie Rose White**  
2nd Class



### Jubilee 800 Hymn

On March 11th, St. Catherine's Senior School will be singing "Jubilee 800" hymn. The song has a French verse and also a Spanish verse, we will be videoed by Michael.

Ms. O'Neill is teaching us actions for the video. We cannot wait to sing and dance. We really enjoyed learning it! The title is in Latin 'Laudare, Benedicere, Praedicare'

**Brooke McDermott**  
5th Class



### The Love Concert

We held a love concert for Valentine's day. Each class had to pick a song. We chose Justin Bieber—Love Yourself.

We all had to learn the lyrics, then we had to come up with a dance. It was a bit confusing but it was so much fun to do. When the concert was over we had a raffle and my friend won a notebook.



**Leanna Cahill 5th Class**

### Bernie

Bernie is funny. Bernie likes to play with us. She helps us to do our work. I like Bernie because every day she is so happy and so strong. I like her brown hair. She is my best Power Hour Teacher.

**Julia Wojciechowska**  
2nd Class



We wrote a book of poetry as part of our project to teach other children about the work of Irish Aid and The Global Goals. Here is one of the poems. We will perform a selection of our poetry for others to help spread the word.

### Poverty

World Poverty should stop,  
The amount of homeless people should drop.

Donate your clothes to charities,  
Wait until someone receives what they need.

If we all work together,  
That would be clever.

We should be more thoughtful,  
To those who are not full.

If you ever see someone on the street,  
Give them something to eat.

We should help developing countries,  
There's so much we can do,  
look at the possibilities.

People need a home,  
But all you think about is your phone!

So don't be afraid,  
To help Irish Aid.

**Smana Ali & Nicole O'Brien**  
6th Class



We composed a rap as part of our project to teach other children about the work of Irish Aid and the Global Goals. Its called Change the World.

### CHANGE THE WORLD

To change the world overnight  
All we gotta do  
Is do it right  
So get up, get ready  
We really need you to  
Stand-up be a fighter  
And join the right crew.

Farming, building,  
Whatever jobs they do,  
Not just men can do it,  
Women can do it too!

Make sure everybody,  
Has clean sanitation,  
So we can help,  
The next generation.

The poor people,  
Have nowhere to sleep,  
Let's think about their meals  
They have nothing to eat.

Think really think  
How we can stop all this from happening.  
Make good changes  
And make them everlasting.

To change the world overnight  
All we gotta do  
Is do it right.  
So get up, get ready  
We really need you  
Stand-up be a fighter  
And join the right crew.

World Peace!!!

**Kerrie Hanley & Erin Cooney 6th Class**

### Spring

Spring is here in the air,  
Flowers blooming everyday,  
Animals coming out of hibernation,  
Birds are cheeping in the new trees.  
The grass is growing, getting greener  
and greener.

How I like spring!  
Oh how it's a beautiful thing!

**Nikita Dixon 6th Class**



### Tennis

This year we have been very lucky because over the last few weeks we have tennis lessons. The coach is called Luca. He is very good at tennis. He has taught us lots of new skills and techniques. Our teacher says we are improving every week. Tennis is good for keeping our bodies fit. I'm going to keep practising it at home.

**Sarah Murray 3rd Class**

### Our First Penance

We made our First Penance on Saturday 5th March. We sang "God Wraps us in his Love Each Day". After that we went up to the priest and we brought our little books called The Lost Son. We also brought a picture. We told our sins and received the forgiveness of God our Father.

**Sophie Rooney 2nd Class**

### The Trip to the Library

On the 8th of March some girls from 5th and 6th class went to Cabra Library for a talk about a book called 'The Book of Learning'.

The author Elizabeth Rose Murray, gave the talk. She talked about lots of things about the book. We asked her questions and at the end she signed some bookmarks and posters.

We had a great day.

**Analissa Michael 6th Class**





### Cross Country Races

First we went to Bogies to do the Park Side Races and got warmed up. Then we found out what race we were in. We got our stickers with our numbers on it. After that we watched a few races and were split into 5 racing groups. The third race was myself, Katie- Ann and a few other people. Kacey Tully won 4th place. There was free yogurt and we all won a medal. Ms. Martin and Ms. Waters came with us. Then Kacey got her trophy and we went back to the school. We had a great time.

**Lauren Young**  
**4th Class**



### Easter Bunnies

On Wednesday 9th March, some of our family members came into our classroom to help us make some Easter art. We made bunnies from facecloths, and also Easter cards. It was great to have some help to do our art and we really enjoyed it.

**Ms. Lawler's**  
**2nd Class**

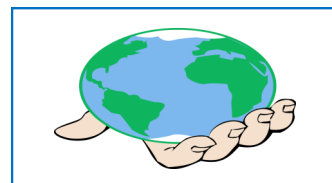


### Peace Proms

This year Ms. Heeney's 5th Class, Ms. Martin's 5th & 4th Class, Ms. Shovlin's 6th Class, and Ms. Haverty's 6th Class all took part in Peace Proms. Ms O'Neill and Ms. Lawler taught us all the songs we didn't know. We had lots of practises to learn the songs.

On the night of the Peace Proms concert, we had to come to the school and get the bus from there. When we got to the RDS, we had to do a practise before the real thing, there were so many other schools there. After the practise we had something to eat. Then the parents started to arrive. When we were signing, all the people were clapping. My favourite song was Ireland's call. We had so much fun.

**Kelly O'Flaherty**  
**5th Class**



### Irish Aid Project

We started our Irish Aid Project. There are 17 Global Goals. Kelly and I did 'Life below Water' and 'Life on Land'. These are some of the global goals that we have to do by 2030. No Poverty, Zero Hunger, Good Health and well being, Quality Education, Gender Equality, Clean water and sanitation, Affordable and clean energy, Decent work and Economic Growth, Industry Innovation and infrastructure, Reduced inequalities. There are also nine partner countries including Ethiopia, Malawi, Uganda and Zambia. Everybody in the class has worked hard, wish us good luck!

**Tori Ennis**    **5th Class**

### A Visit From The Dental Nurse

Last week we had a visit from the Dental Nurse to tell us about our teeth. Here are a few things I learned:

- ◆ There are 45 teaspoons of sugar in a medium sized jar of Nutella.
- ◆ Water and toothpaste are full of fluoride.
- ◆ Don't rinse your mouth after you brush your teeth.
- ◆ Avoid sugar as it causes plaque
- ◆ Cavities are holes in your teeth



**Roisin Tighe,**  
**3rd Class**

### Flag Rising 1916 Commemoration

On March 15th 2016 we will be raising the Irish flag in commemoration of the 1916 Easter rising.

While the Irish flag is being raised our whole school will be singing 'Amhrán na bhFiann', our national anthem. We will also sing "Ireland's Call". My class has made a timeline of the 6 days of the rising, which can be viewed in the office and the P.E. hall.

The commemoration is for all those who died in the rising, including 42 children. It is important that when we sing 'Amhrán na bhFiann', we all stand still and straight as this song is the most important song in Irish History.

We will read out our school proclamation and stand really proud.

**Libby Dunne**  
**5th Class**



### Making a Pizza

On Thursday the 11th of February Ms. Haverty's Class went to the Cookery Room to make pizza with Mary Burke. Mary is a parent of a past pupil from our school. After Mary introduced herself, she made a paste from garlic, salt, olive oil and tomato puree. She gave everyone a tortilla wrap and gave us the paste to spread on our wrap.

Then we put our tortilla wraps on a tray with baking paper and then added our toppings. You could choose from onions, peppers, sweetcorn, ham and mozzarella cheese. On my pizza I put mozzarella cheese and sweetcorn.

Finally, Mary put our pizza in the oven at 180C for ten minutes. We had it turned on since we came in, so the oven was heated. When the pizzas were ready, Mary cut them and the pizza were delicious.

I really enjoyed making and eating the pizza and I hope we can make more things in school. I ate every single slice of my pizza.

**Smana Ali**  
**6th Class**



### Tennis

Every Tuesday we have Tennis. Our coach is Luca. He is very nice. He taught us to play with our forehand and back hand. We are now learning how to serve. Luca also taught us some games. We play these games after we do everything else. One of the games we play is Skittles. There are two rows. One row has to turn around for the other row to throw balls at them. If anyone in the other rows get hit, the person has to sit down. Then if the person gets hit again they have to lie down. Finally when everybody gets to throw it's the next rows turn. It is great fun!

Another game we play is Duck, Duck, Jump. We have to line up from smallest to tallest. Then Luca shoots balls and says Duck or Jump. If the ball hits you, you have to go to the end of the line. I love tennis. We learn a lot of skills.

**Catherine Nguyen**  
**2nd Class**



### Seachtain na Gaeilge

Táimid ag ceiliúradh ár dteanga agus ár gcultúr sa scoil.

Táimid ag foghlaim amhráin agus damhsa

Féachaimid an cartún Spongebob as gaeilge ar an teilifís.

Táimid ag caint as gaeilge sa seomra ranga agus sa siopa.

**Carla Doran**  
**5th Class**



### Spring

Today is the start of Spring  
When birds come out and sing.  
I can't wait to eat ice-cream,  
It feels like it's a dream.

When flowers blossom  
And I look for possums.  
Easter is coming  
So bees make honey.



We can do a spring clean,  
While leaning on a tree.  
St. Patricks Day is coming  
So let's get ready for the Parade.

**Helen Michiu**    **6th Class**

### GOAL

On Tuesday 9th February Louise from GOAL came into Ms Haverty's 6th Class to teach us about Climate Change.

First she asked us questions about our work on Syria and the Refugee Crisis.

Next she showed us some Belfast Street Art. The art was very interesting. It showed us what climate change is doing to the earth.

After that we did drama, acting out the story of a family in Zimbabwe who were farmers but were having trouble growing their crops due to climate change.

Finally, Louise spoke to us about the work of GOAL, an organisation working all over the globe. They have teams placed in Zambia, Sierra, Malawi, Mozambique, Ethiopia and Vietnam. What they do is really amazing.

We learned a lot from Louise and her visits. She is very inspiring.

**Anna Kavanagh**  
**6th Class**



### Green School Visit

On Monday we went to the School library to see Catherine Murphy. She is from the Green Schools Office. We all talked about climate change, CO2 and carbon dioxide. We learned that CO2 gets trapped around the atmosphere and air can't get out and that climate change changes the weather. Elle was planet Elle, the best planet. Then we played human snakes and ladders, where we had to make the right choices for the planet to move forward. We got to play because we won the green boot three times.

**Isabella Higgins**  
**4th Class**



### HSCL Activities

Several Parents' from St. Catherine's have been attending Parent's Plus, a practical and positive Parenting Course. We hope to run this course again during the next school year, so if you are interested, reserve a place early by contacting Síodhna Ní Bhroin.

A Crafts/Decorative Glass Painting course has also been attended by parents and grandparents and will continue after Easter.

Cabra Better Sleep Campaign was very successful in January.

Some pupils also took part in the Citywide Reading Project.

A huge thanks to all the volunteers who participated in any way with HSCL activities throughout this term.

**Síodhna Ní Bhroin**  
**(HSCL).**



### Easter Poem

Easter comes around once a year with the sound of bunnies hopping in your ear.  
Chocolate eggs full of love and cheer with children hopping everywhere.  
Baskets painted pink and brown with little gifts upside-down.  
Little chicks yellow and cream, living the Easter dream.

March 27th we are so proud,  
the resurrection of Jesus,  
we praise our Lord.

**Kym Culligan**    **6th Class**



### GAA

This year Kevin is teaching us GAA skills. He taught us dribbling. He taught us how to hold the hurl properly. We don't use a Sliotar because they are made out of hard leather. We are learning a lot of skills with Kevin.

Camogie is a great sport. It is very fast and makes you very fit. We have so much fun.

**Tori Cooney**  
**5th Class**



We are an Active School and we have active breaks every week.  
After Easter, we are going to have two active breaks every week!

